

# Welcome to Wolumla Canteen

## Open Thursdays Term 4 2010

### Hello & Welcome to the Wolumla Canteen.

Our names are Em & Mel and we are looking forward to providing your children with a delicious & healthy recess & lunch.

At the Wolumla Canteen we aim to provide students and staff with a variety of foods to satisfy their needs for adequate nutrition throughout the day.

We welcome all comments and feedback directly to either of us and are happy to take all suggestions on board.

We are always looking for helpers who can spare an hour or two on a Thursday to help out in the canteen, your kid's eyes will light up when they see you through the window!

Due to circumstances beyond our control at times some items on the menu may not be available but we will always endeavour do our best.

### Ordering Procedure

Clear & precise orders and the correct money in your child's paper bag ensure they don't miss out!

Children can be fussy (we know!) all you need to do is write on the bag clearly what they DO & DO NOT want.

We are more than happy to cater to all children with special needs so please see either Em or Mel before recess on Thursday.

We are happy to give change from lunch orders to your child at recess however it then becomes their responsibility.

( There is **no** credit available at Wolumla Canteen )

### Cake Duty Families

We are extremely grateful to all our students' families who donate goodies to our canteen and your kids love to brag that "My Mum Made Those!"

Cake duty families need to have their donated goodies into school by 10:00am on Thursday morning so they can be ready for recess.

These goodies can be either sweet or savoury but please avoid all nuts and label all Tupperware.

# Wolumla Canteen Menu

Term 4, 2010

## Recess

Jelly Cup	50c
Fruit Cup	50c
Family Treats	10c-50c
Hot Bites	50c
Fruit Shakes	80c

## Lunch

Sausage on a Stick	\$1.00
Chicken on a Stick	\$1.50
Homemade Quiche & Salad	\$3.00
Chicken Nachos w Sour Cream	\$3.00
Egg & Bacon Muffin	\$2.50
Chicken Sweet Chilli Wrap	\$3.00
Sandwiches & Wraps (Chicken/Ham/Tuna w/salad)	\$2.00-\$3.00

## Drinks

Juice Box	\$1.00
Flav Milk Choc & Straw	\$1.20
Bottled Water	\$1.20

## Ice Creams ( lunch time only )

Frozen Yoghurt	\$1.40
Paddle Pop Ice Twists	\$1.00
Paddle Pop Moos	\$1.20
Paddle Pops	\$1.20

## Extras

Sauces - Tomato, BBQ, Sweet Chilli, Mayo & Soy