

# WOLUMLA PUBLIC SCHOOL

## P&C NEWS TERM 4 2015

**Check out our new Sports Uniform and our new Cross Country Singlets**



We are really excited to be showing you the new sports uniform shirt and the new Cross Country singlets that we approved at the last P&C meeting. The sports shirts will be worn on sports days such as AFL Gala days and Small Schools Sports Carnivals as well as on school sport day (Netball day, Friday). They are made from light weight breathable material and won't be as hot as our current school shirt. The P&C will be funding a \$10 discount for 1 shirt for each student. We will be putting out an order form soon.

The Cross Country singlets will be purchased by the P&C and donated to the school. They will stay at the school and be given to the students to wear at the Cross Country. The kids will look fantastic.

Thanks to Irene and Wayne Trezise for taking on this project.

If you have any comments please let us know ASAP.

### Canteen News

**Our Kids in the Kitchen and Kids in the Garden programs are a big hit. We had at least 10 little helpers in the garden last week. We fertilized, pulled weeds, watered and ate some yummy strawberries. Thanks kids for helping.**



**Canteen Network Meeting** - Last week Mel, Elisha and Karen attended the Healthy Eating Canteen Network Meeting. Great advice and ideas were shared on the day.

We learned how food companies exploit school canteen guidelines to promote processed snacks by putting their own unapproved logos on sugary biscuits and salty chips to promote them as suitable lunchbox items.



Have you seen this logo on Tiny Teddy packages? Although we don't often have these type of items in our canteen we were still surprised that they actually are not really canteen approved.

There was a presentation about waste education and a strong message was made about using packaging at home and in the canteen.

So the message was.....at home and in the canteen to encourage children to enjoy a wide variety of nutritious foods from these five food groups every day and to drink plenty of water



### Wanted !

We are looking for a compost bin for our vegetable garden. Can you donate one? Or help us create one? Maybe even a grandparent could help us out.

## What's coming up this term?

5<sup>th</sup> December  
Wolumla Public School and P&C Fete.

Our aim is to showcase our talented students and wonderful school while celebrating education and to fundraise at the same time

We will need helpers to run our fete. If anyone has any experience with fetes or if you have any fantastic ideas please let us know. We will be having an informal planning get together at 2.30pm this Thursday at the kids' lunch area.

### Sensory Garden

The P&C in conjunction with the school are creating this very exciting project for the students.

The sensory garden will be a natural play area and will be located above the k/1 room as you head up the hill. Not only will this area be for the children to explore in their breaks but will also be used as an outdoor classroom too. Such things as fairy gardens, water exploration and natural dwellings will be

built. Work will start once the disabled toilet is complete.

